

gymna[®]

INSPIRATION MAGAZINE FOR YOUR PRACTICE



2016 – 2017



GYMNA SUPPORTS PHYSIOTHERAPISTS THE WORLD OVER

Turn your workday into something special

Physiotherapy has been around for 125 years and Gymna has kept close track of this dynamic profession. We have been serving you with our leading equipment since 1967. Society is changing due to technological developments and an increasingly ageing population. This also means that the nature and quantity of patients' complaints are changing. Moreover, you are coming into

contact with more articulate customers who are more, and better, informed. Have you considered how your practice is evolving in line with these developments? Perhaps there are applications available to help you attract new patients, or which allow you to better help your current patients. We would like to present this catalogue as a source of inspiration for your leading practice!



Bart de Bresser, CEO
GymnaUniphy N.V.

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FROM A PASSION...



Multi Laser 7

—
1980



Prototype of the first
electrical device

—
1975



Phyaction 390

—
1985

Once Upon A Time...

The foundation of the Gymna success lies in the passion of one Belgian physiotherapist. He worked as a gym teacher and, in his free time, he developed wooden gymnastics equipment together with his father. Additional manpower was soon needed and they opened their own carpentry workshop. Metalworking was quickly added and the first Gymna treatment tables became a reality.

Various showrooms opened in Belgium and export to the neighbouring countries soon followed. In order to round out the expertise, a decision was made in 1997 to work together with the Dutch company Uniphy, which had made a name for itself thanks to its high-quality electrotherapy equipment. Which brings us all back to the current company, GymnaUniphy, which markets its products under the brand name 'Gymna'.

...TO AN INTERNATIONAL BRAND



Gymna 400 series

—
2011



Gymna ShockMaster 500

—
2014



gymna.ONE

—
2015

Our products have evolved spectacularly. Mechanical buttons and a small LED screen have been replaced by a full-colour HD touch screen. The powerful microprocessors allow the Gymna products to comply with all the requirements of the modern physiotherapist. New applications, such as microcurrents, high voltage and the Guided Therapy System prove that Gymna is ready for the future.

THE GYMNA VALUES

*Four core values are at the heart of everything Gymna does,
which is always focused on the customer.*



TOP QUALITY

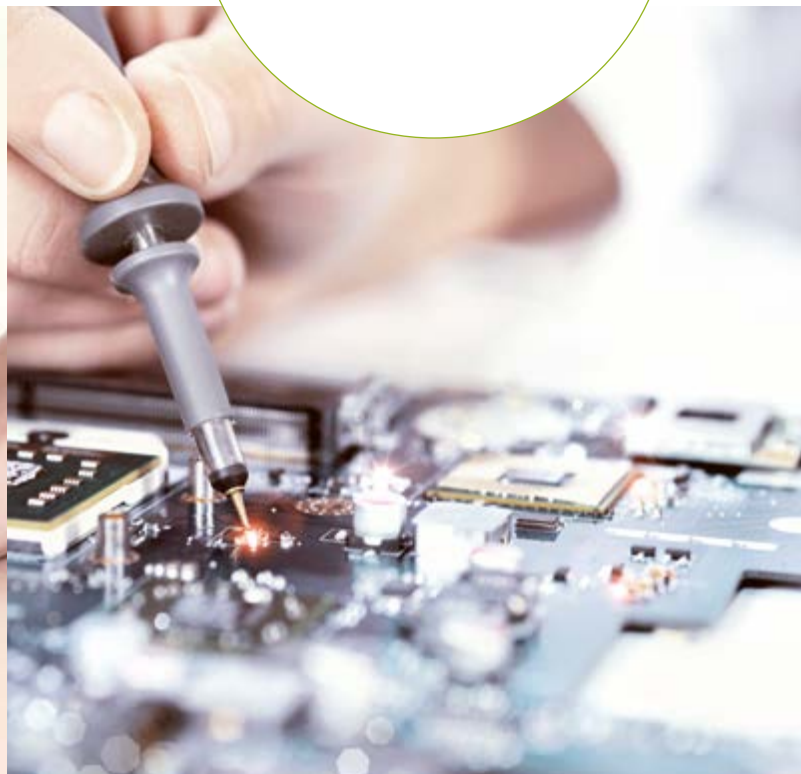
Pure craftsmanship.
You can depend on it!



DESIRABILITY

The Gymna label is a guarantee of refreshing,
innovative design. An inspiring, pleasant work-
place makes all the difference.

The newest insights and techniques result in smart solutions for latent needs.



EASY TO USE

You work more intuitively and efficiently, which is what we do!

INTELLIGENCE

Coming up with intelligent solutions and innovations requires teamwork. Expert physiotherapists, scientific institutions and renowned designers and patients are always involved.

THE GYMNA LAB

Innovations as the keys to the future

Shockwave Therapy, Treatment tables and Electrotherapy in the spotlight

At Gymna, innovation represents technological progress, staying up to date with the latest scientific developments and optimum ease of use.

The world of modern technology never stops evolving. Major players on the consumer market determine the way in which we work. Just think about using a smartphone or tablet. Gymna is also constantly adapting its products so that the newest technologies can be utilised.



Unique face cradles

Is hygiene a top priority at your practice? Then you should definitely opt for the **Ergomax** face cradles for your treatment tables. The cradle can be easily removed and washed with soap and water. This way, every patient has a fresh, hygienic surface to rest on.

Find out more information about the Gymna Treatment tables on page 26.



Gymna delivers reliable, user-friendly and high-quality equipment to your door so that you can completely focus on treating your patients.



Dynamic treatment software

We developed a recognisable and easy-to-use user interface for the Gymna ShockMaster that speaks for itself. Moreover, the software can be constantly updated so that the therapist is always aware of the latest insights.

- The practice- and evidence- based treatment protocols are updated regularly.
- The modern, flat design exudes a contemporary look and feel.
- Easy to use with the utmost intuitive and efficient user interface, which includes buttons that are similar to those on a smartphone.

You can find more information about the Gymna ShockMaster starting on page 54.



Microcurrent (MET) Treatment with the Gymna 400 Series

According to the latest insights, electrotherapy must have not two, but three goals. Moreover, you can help your patient recover more quickly.

- Pain reduction
- Muscle stimulation
- Tissue repair at a cellular level due to the effects

NEW!

Gymna 400 has MET treatment protocols for, among others, ulcer cruris, bursitis, tendinitis, cellulitis, distortion, muscle tears, fractures, wounds, frozen shoulder, lower back pain and much more.

You can find out all the information on Gymna Electrotherapy starting on page 43.



THE PATIENT'S
EXPERIENCE IS
THE KEY TO EVERY
THERAPIST'S
SUCCESS



THE BEST FOR YOUR PRACTICE

Because patients are increasingly being considered customers, the overall experience, the environment and the design of the practice is becoming more and more important. With Gymna, you are opting for state-of-the-art equipment that increases the professional appearance of your practice.

YOUR GYMNA
ADVISOR LIKES TO
BRAINSTORM
WITH YOU.



YOUR FUTURE IS OUR FUTURE

A modern, efficient practice significantly contributes to your ability to be able to work in a pleasant atmosphere and so your patients feel good.

Gymna products perfectly fit into this philosophy. Your Gymna advisor likes to brainstorm with you on how to achieve this and make your practice blossom.

A GLOBAL PARTNER WITH LOCAL EXPERTISE

Gymna products are used by physiotherapists all around the world. Because our customers are key, we are constantly on the lookout for the best local business partners. In the meantime, we have acquired over 130 Gymna dealers throughout more than 80 countries.

We set the bar high when choosing our partners. They are selected based on their customer and service provision, technical skills and reputation. Only the very best are good enough.

This is why we constantly keep our chosen business partners in top condition. They are the Gymna calling card's and receive all the necessary support for this. We make sure, using a set of professional means of communication, that our business partners are always able to clearly inform you about the added value of the Gymna solutions.

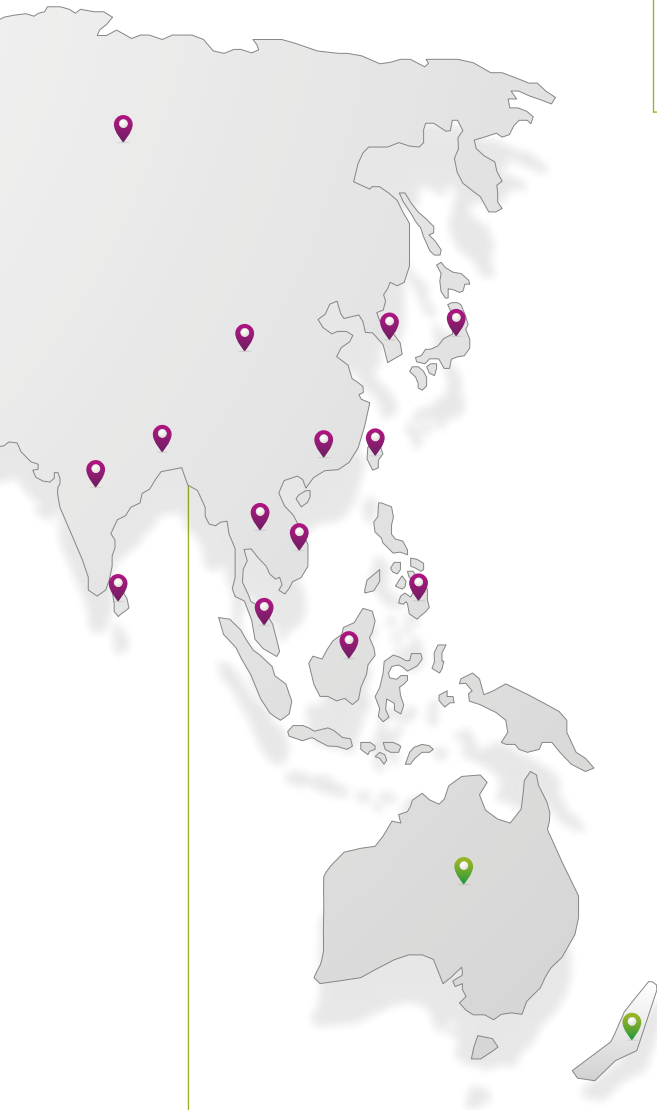
In addition to this, training courses and continuing education courses for our representatives are important factors for success. That is why we support our Gymna experts with local training courses and we organise international training events so that your Gymna advisor is always up to date.



“Gymna has been convincing people for quite a while now due to its continuous research as well as the optimisation and improvement of its products. Our customers' satisfaction is very high due to this. This makes our daily work very pleasant.”



Tina Meyer
Gymna product specialist, Switzerland

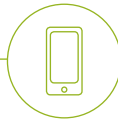


OVER 130 GYMNA
DEALERS ACROSS
MORE THAN
80 COUNTRIES

Gymna near you

You don't make decisions about your practice without considering all the pros and cons. That is why our experienced, expert Gymna dealers are ready to assist you! We will be happy to help and advise you.

Are you looking for a new product for your practice?
You can find a dealer near you by visiting www.gymna.com



+ 32 (0)89 510 510



info@gymna.com

“ The Gymna products fully comply with our professional clients' high expectations. We have built up our Gymna expertise through years of cooperation. The products have a prominent place in our portfolio.

Gymna partner, the Netherlands



“ The name Gymna represents innovative, high-quality products for physiotherapy practices. I really appreciate the perfect service and good communication with the Gymna team in our day-to-day work.

Winfried Stark
Gymna dealer, Germany

SERVICE AND SUPPORT

Our local partners have been picked and trained to guarantee an optimum level of service and support. Gymna only works together with professionals that can meet your specific wishes and needs.



Gymna Delivery Service

Our top-quality products require meticulous delivery. The products must be packaged in the proper packaging, which is to be delivered to your door in good condition. Larger products, such as (old) treatment tables, can be returned, if desired. Electronic and Shockwave equipment will be delivered to you and installed by our local partners so that you can start working immediately.

“Despite the high quality requirements that Gymna places upon its products, sometimes a machine or treatment table still needs to be repaired occasionally. There's never a good time for a disruption. We understand that good service and support is incredibly important for the continuity of the service provision. Our trained support department and service technicians aim to help the client get up and running again as quickly as possible!

Fyzzio Service and Support, the Netherlands

Gymna Service

We make high quality demands of the development and finishing of our products. However, should you have a problem, you can rely on a team of authorised service staff near you. In addition to this, our staff provide a thorough explanation of the equipment purchased.

Are you looking for a new product for your practice?
Find a dealer near you on www.gymna.com





THE PEOPLE BEHIND GYMNA

It is Gymna's employees that make the company what it is. That is why we employ ambitious, experienced professionals with an international business mindset. The expertise at Gymna is utilised with passion.

Gymna Support

How can we help you? At Gymna, we believe that service goes beyond just delivering a top-quality product.

The highly qualified technical staff in our Customer Support Centre are focused on the customer. This means that they provide dealers in the global network with technical support from the headquarters in Belgium. If the end customer has a technical problem or needs advice about how to correctly use a product, the Gymna Service Team will be ready to assist you!

But our service provision goes much further than this. It is in the customer's interest that they are helped quickly, thoroughly and preferably locally. That is why Gymna makes it a priority to train the dealers' technical staff. Gymna invites the technical staff from the dealer network to an intensive, international, two-day training course every year. They receive information about the new technical developments in the Gymna products and practise and refine their technical skills.

In order to provide even more support to the local experts, Gymna has developed an extensive technical library. This online tool offers professionals tips & tricks to facilitate their everyday work.

IT IS IN THE CUSTOMER'S INTEREST THAT THEY ARE HELPED QUICKLY, THOROUGHLY AND PREFERABLY LOCALLY

No matter where in the world they are, at any time of the day or night, they can access the FAQs, technical drawings, instructional videos and images.



WE'RE WORKING ON YOUR FUTURE TODAY



Within the Marketing team, we are responsible for the strategic marketing planning, online and offline communication, product development, product management, supporting our partner network, and organising trade fairs. In order to do this, we need technical

knowledge, creativity, an understanding of communication trends, scientific knowledge, aesthetic insight, good writing skills, linguistic abilities and medical knowledge. This is precisely why our team consists of a group of people with varied backgrounds and complementary personalities.



PRODUCT DEVELOPMENT

The Product Developer works together with the Project Manager to develop technical solutions and is responsible for following up on the development process. Detailing new products and adapting existing products is merely one aspect of the job. Putting together and testing prototypes is also a job for the Product Developer. The process focuses on user-friendliness and the best design so that the customer always receives the highest level of quality.



PRODUCT MANAGEMENT

The Product Manager is responsible for all of the strategic and operational aspects of the products. A thorough understanding of the market is critical. What is the competition up to and what is the market demand? He/she must continuously be on the lookout for ideas, and discuss the development of new products with physiotherapists and scientists. Moreover, the Product Manager ensures that the development team correctly interprets the wishes of the physiotherapists and the patients to then transform these into good products.



COMMUNICATION

It is important to stay up to date on the latest trends in the communications world. A shift from offline communication (brochures, advertisements, etc.) to online communication has taken place and offers a wide variety of possibilities. Communication is responsible for coming up with campaigns, writing texts, creating printed material, and keeping the website updated. In short, the Communication team keeps the customer thoroughly up to date on the latest developments at Gymna.

The portal where the customer's needs meet Gymna.



CUSTOMER SUPPORT

We provide a good product at an appropriate price within an acceptable timeframe.



PURCHASING DEPARTMENT

We professionally support the dynamic organisation in an organised manner.



ADMINISTRATION

PARTNERSHIP

"Coming together is a beginning; keeping together is progress; working together is success."

Henry Ford

Gymna, proud partner of the Royal Ballet Flanders and PSV Eindhoven

We believe in the power of cooperation and partnership in everything that we do! That is why we are continuously on the lookout for professional parties who set the bar just as high as we do. In the past year, we have set up partnerships with the Royal Ballet Flanders (Belgium) and the PSV football club (the Netherlands).

“Dancers are always in pain, it's part and parcel of the job. We are always testing the limits of our bodies. Caring for our bodies is incredibly important because it is specifically our bodies that make it possible to do what we love. Luckily, our physiotherapists and the sports masseur are always available. Issues can be prevented thanks to their expert assistance, and if an injury still somehow occurs, they're there to treat it immediately. Not being able to dance is practically unthinkable.

The table that we're lying on really does make a difference. The Gymna heated tables are really nice and you can really feel that the way in which the muscles and nerves are treated is incredibly effective. If the therapist is able to adopt a good position, then the treatment is even more effective. I can feel the difference immediately.

*Fiona McGee
Royal Ballet Flanders*



**BALLET
VLAANDEREN**

“

The dancers can count on me every day. The passion that characterises my work can be seen in the enthusiasm with which our partner, Gymna, develops its products. That makes our partnership a perfect match.

Tom de Smet
Sports masseur
Royal Ballet
Flanders

“

It is a great honour to have Gymna as our partner. We are only satisfied with the best for our Royal Ballet Flanders dancers. The Gymna treatment tables fit in seamlessly with the perfection and professionalism that we strive to attain in order to provide them with the very best assistance.

Paul van Loon
Physiotherapist
Royal Ballet Flanders





“ The world of elite sports is an exciting yet highly demanding working environment for physiotherapists.

That is why we look for high-quality products that can optimise our work. Our medical team selected Gymna to be our partner because it aims for the same class and professionalism as we do. This is why our treatment rooms in the Philips Stadium and the training centre are equipped with Gymna products. This lets us keep the PSV footballers in top form. Because the players are often treated one after the other, they are especially happy with the removable, washable and therefore hygienic face cradles in the Gymna treatment table.

*Cees van der Linden
PSV Eindhoven physiotherapist*



THE PRODUCTS FOR YOUR PRACTICE



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1

Treatment tables



Gymna.ONE
Gymna Luxe Series
Gymna Advanced Series
Gymna G2 Series



Gymna innovations

In the Product Manager's own words

Adjustable treatment tables have become a natural sight in physiotherapy, and rightly so because they are fantastically ergonomic aids that can be used practically every day.

The technological developments for treatment tables have made incredible progress in the last decade. Stronger, quieter motors, dampers, ingenious operating systems, reliable components and innovative structures are now all a given. This is as it should be because the first generation treatment tables were 'tools', which weren't ergonomic and not easy to use.

According to Piet Wijnmaalen, Treatment Tables Product Manager:

“The technical progress has been primarily focused on the operating comfort of the cushion. It is important because you must be able to work easily and efficiently with it every day. We at Gymna have also always given this aspect a great deal of attention. Just think back to the first peripheral switches in the early 1990s and the lateral supports on our Osteoflex.

When developing the operating comfort, we have made sure to dot the i's and cross the t's, but for some time

now, we have been shifting the focus to the core of our business: the patient. In the end, the patient is what it's all about: no patient, no practice. It's as simple as that. And the patient has clearly changed

WE HAVE BEEN SHIFTING THE FOCUS TO THE CORE OF OUR BUSINESS: THE PATIENT.

throughout the years too. Of course, not physiologically, but they are becoming more articulate, making more demands and will make choices themselves. This is why Gymna looks for solutions that will positively influence the patient when choosing your practice. The cushion heating obviously contributes to the patient's comfort, but it is often the more subtle changes that will optimise the treatment table even more. The best invention is one that makes people think, 'Wow, that's a great idea; why didn't somebody think of it sooner?'

We have taken an important step forward with precisely such an apparently obvious innovation. Treatments during which the patient has to lie on his/her stomach are necessary, but not always a pleasant experience for the patient. In order to relax the cervical musculature,

the client lies face down with his/her face in the opening of the face cushion. You obviously know that patients do not like this. The opening is not exactly comfortable and - no matter what you do - they will always doubt the hygiene. Wouldn't it be great if you could continue to work without all these 'side effects'? A relaxed patient unconsciously works together with you, making the treatment easier and more effective on your part too.

After brainstorming with users and designers, my task was clear: develop a removable face cushion without the traditional seams that is soft and comfortable, and above all, easy to clean. We tested various hand-cut foam models in different shapes. This resulted in a 3D print prototype that was then further developed within physiotherapy practices. In the end, we opted for an extremely soft variation of polyurethane memory foam with a closed surface. The results were great: the Ergomax face support.

No more pressure marks, very easy to clean and change after every treatment. In short: relaxed patients. In my opinion, the Ergomax is a typical Gymna innovation that has proven its worth in everyday practice.



Ergomax advantages

Comfort

- Soft, ergonomic shape
- Seamless finish, with no pressure marks on the face

Hygiene

- Easy to clean
- Removable for a relaxed, hygienic feel for every new patient



SEE HIS STORY HERE



gymna.ONE - Q8

- i-Control
- Easymove
- Ergomax
- Lateral support
- Cushion heating
- 8 functional cushions
- Armrests
- Electrically adjustable back and leg sections
- Standby key switch
- Warranty: 3 years (upholstery 1 year)



| | | |
|----------------|--|----------|
| | | Item no. |
| gymna.ONE - Q8 | | 160.484 |



Optimum comfort

Height of armrest is adjustable for supported, relaxed position.



Ergomax face support

A seamless, washable, soft, ergonomically shaped face cushion for a relaxed, hygienic feel.



Easymove

The Easymove wheel-lifting mechanism makes it possible to move the table easily and safely from either side, without pedal recoil.



gymna.ONE - T7

- i-Control
- Easymove
- Ergomax
- Lateral support
- Cushion heating
- 7 functional cushions
- Armrests
- Easily adjustable middle section
- Standby key switch
- Warranty: 3 years (upholstery 1 year)



Item no.

gymna.ONE - T7
Optional electrical height
adjustment middle section

160.374
150.304



i-Control height adjustment

Intelligent foot-operated system that can be reached from all four sides of the table. Facilitates an easy, accurate height adjustment.



Lateral supports

These supports make it possible to maintain an ergonomic position. You are able to work close to the patient without tension in the shoulders and back.



Cushion heating

The practical, wireless remote control allows you to select any of the three temperature settings very easily.



gymna.ONE - Carbon Black

- i-Control
- Easymove
- Ergomax
- Lateral supports
- Cushion heating
- Models: T7 and Q8
- Armrests
- Standby key switch
- Warranty: 3 years (upholstery 1 year)



Item no.

| | |
|---|---------|
| gymna.ONE - Q8 Carbon Black | 160.486 |
| gymna.ONE - T7 Carbon Black | 160.376 |
| T7 Option: Optional electrical height adjustment middle section | 150.304 |



Cushions in Carbon

The gymna.ONE Carbon Black has carbon-coloured cushions, giving your practice a timeless, stylish appearance.



Closed base

A dust-free solution that covers all technology. The closed base is finished with a black satin top layer.

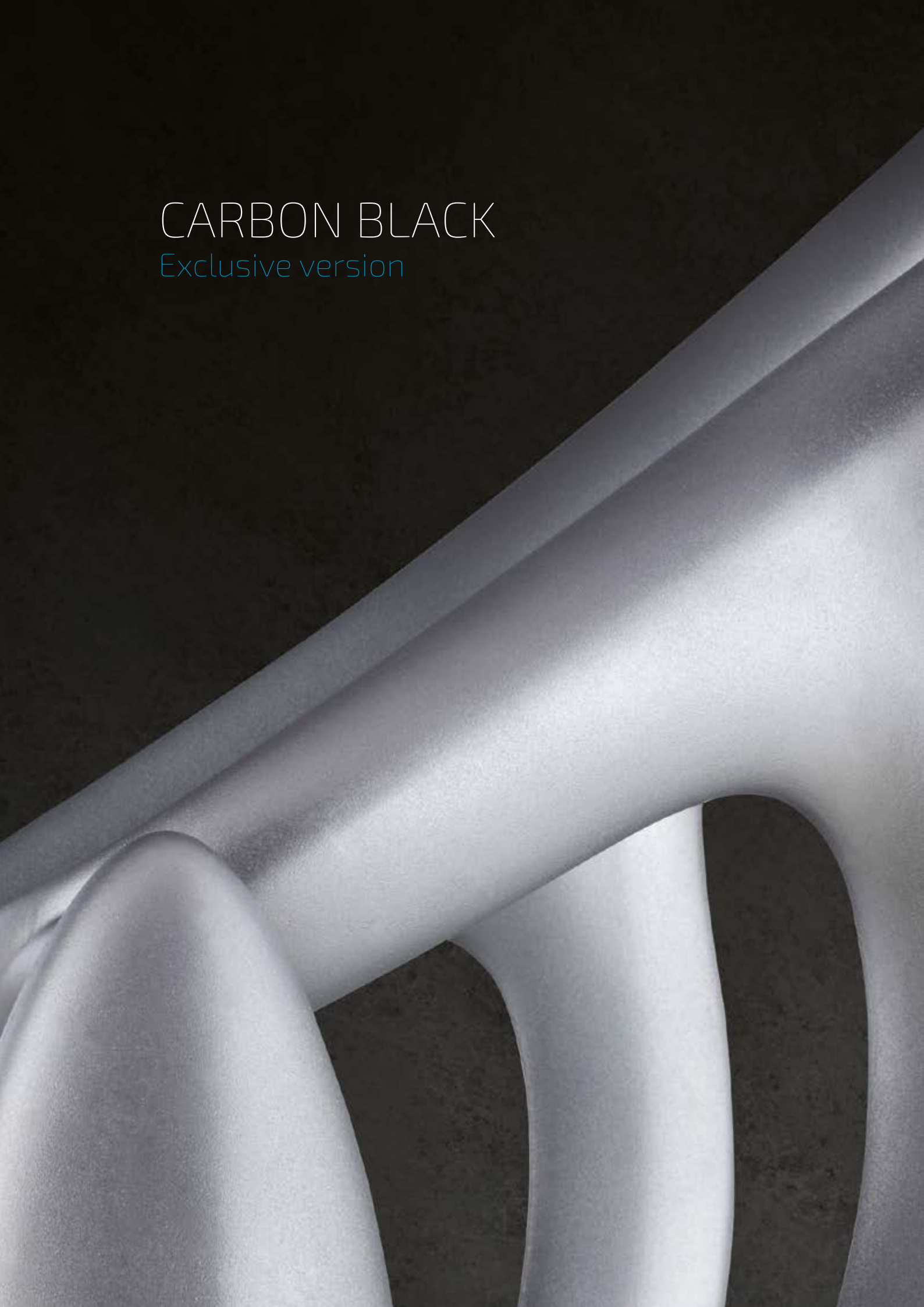


Sustainable, natural materials

The use of natural, sustainable materials, such as wood and aluminium, make the gymna.ONE unique.

CARBON BLACK

Exclusive version





Gymna Luxe Series



The ultimate combination of functionality and design



Integrated cushion heating

The practical, wireless remote control allows you to select either of the two temperature settings very easily



Ergomax face support

A hygienic solution for the highest patient comfort when lying on their stomach.



Gymna peripheral switch

Electrical height adjustment, operated by the Gymna peripheral switch from all four sides of the table



Osteoflex Luxe

Three sections, folding side supports

- Three-section head section with removable armrests
- Easily adjustable middle section (Pli adjustment)
- Folding side supports
- Integrated cushion heating and Ergomax face support

| | Item no. |
|-----------------------|----------|
| Osteoflex Luxe | 125.064 |



Lateral supports

These supports make it possible to maintain an ergonomic position. You are able to work close to the patient without tension in the shoulders and back.



Luxurious cushions

Beautiful finish and high-density filling makes this highly suited for manipulations.



Electric powered mid section

Perfect position for mobilising the lower back. The mid section can be equipped with a motor and ensures effortless, accurate adjustments.



Quadroflex Luxe

Four-sections, three motors

- Electrically adjustable back and leg sections
- Electrically adjustable height using the Gymna peripheral switch
- Luxurious duo-padding
- Integrated cushion heating and Ergomax face support

| | |
|--------------------------------|----------|
| | Item no. |
| Quadroflex Luxe | 125.094 |
| Lateral supports option | 125.622 |



TrioFlex Luxe

Three sections, three-section head section

- Three-section headrest with removable armrests
- Easily adjustable middle section (Pli adjustment)
- Leg section also suitable for back support
- Integrated cushion heating and Ergomax face support

| | |
|----------------------|----------|
| | Item no. |
| TrioFlex Luxe | 125.054 |



Trioplus Luxe

Three sections, short head section

- Three-section cushion, suitable for the most basic positions
- Easily adjustable middle section (Pli adjustment)
- Headrest can be adjusted positively or negatively
- Leg section also suitable for back support
- Integrated cushion heating and Ergomax face support

| | |
|----------------------|----------|
| | Item no. |
| Trioplus Luxe | 125.044 |



Duoflex Luxe

Two sections, three-section head section

- Three-section head section with removable armrests
- The head section can be easily adjusted positively or negatively
- Integrated cushion heating and Ergomax face support

| | |
|---------------------|----------|
| | Item no. |
| Duoflex Luxe | 125.034 |



Duoplus Luxe

Two sections, short head section

- Cushion with short head section
- The head section can be easily adjusted positively or negatively
- Integrated cushion heating and Ergomax face support

| | |
|---------------------|----------|
| | Item no. |
| Duoplus Luxe | 125.024 |



Duo Luxe

Two sections, long back section

- Two-section cushion
- Long back section to support the head and shoulders efficiently
- Integrated cushion heating and Ergomax face support

| | |
|-----------------|----------|
| | Item no. |
| Duo Luxe | 125.004 |



Duoplan Luxe

Adjustable leg section

- Long back section to support the head and shoulders efficiently
- Separately adjustable leg section, ideal for treating the lower body
- Integrated cushion heating and Ergomax face support

| | |
|---------------------|----------|
| | Item no. |
| Duoplan Luxe | 125.014 |

Ergomax advantages

Comfort

- Soft, ergonomic shape
- Seamless finish, with no pressure marks on the face

Hygiene

- Easy to clean
- Removable for a relaxed, hygienic feel for every new patient



Gymna Advanced Series

Versatile and stable



Gymna Stability Profile (GSP)

GSP guarantees a high, dynamic stability, making it a safe, efficient investment.



Trust and security

The fully automated structure and precision bearings ensure a long product life for this treatment table.



Comfort

The cushions are covered in a high-quality, phthalate-free, flame-retardant artificial leather, making them easy to clean and disinfect.



Quadroflex Advanced

Four-sections, three motors

- Electrically adjustable back and leg sections
- Three-section head section with armrests
- Optional side supports

| | | Item no. |
|----------------------------|-------------------------|----------|
| Quadroflex Advanced | Gymna peripheral switch | 125.091 |
| | Foot switch | 125.092 |



Osteoflex Advanced

Three sections, folding side supports

- Three-section head section with removable armrests
- Easily adjustable middle section (Pli adjustment)
- Leg section also suitable for back support
- Folding side supports

| | | Item no. |
|---------------------------|-------------------------|----------|
| Osteoflex Advanced | Gymna peripheral switch | 125.061 |
| | Foot switch | 125.062 |
| | Hydraulic damper | 125.063 |



Trioflex Advanced

Three sections, three-section head section

- Three-section head section with removable armrests
- Easily adjustable middle section (Pli adjustment)
- Leg section also suitable for back support

| | | Item no. |
|--------------------------|-------------------------|----------|
| Trioflex Advanced | Gymna peripheral switch | 125.051 |
| | Foot switch | 125.052 |
| | Hydraulic damper | 125.053 |



Trioplus Advanced

Three sections, short head section

- Three-section cushion, suitable for the most basic positions
- Easily adjustable middle section (Pli adjustment)
- Leg section also suitable for back support

| | | Item no. |
|--------------------------|-------------------------|----------|
| Trioplus Advanced | Gymna peripheral switch | 125.041 |
| | Foot switch | 125.042 |
| | Hydraulic damper | 125.043 |



Duoflex Advanced

Two sections, three-section head section

- Three-section head section with removable armrests
- The head section can be easily adjusted positively or negatively

| | | Item no. |
|-------------------------|-------------------------|----------|
| Duoflex Advanced | Gymna peripheral switch | 125.031 |
| | Foot switch | 125.032 |
| | Hydraulic damper | 125.033 |



Duoplus Advanced

Two sections, short head section

- Cushion with short head section
- The head section can be easily adjusted positively or negatively

| | | Item no. |
|-------------------------|-------------------------|----------|
| Duoplus Advanced | Gymna peripheral switch | 125.021 |
| | Foot switch | 125.022 |
| | Hydraulic damper | 125.023 |



Duo Advanced

Two sections, long back section

- Two-section cushion
- Long back section to support the head and shoulders optimally and efficiently

| | | Item no. |
|---------------------|-------------------------|----------|
| Duo Advanced | Gymna peripheral switch | 125.001 |
| | Foot switch | 125.002 |
| | Hydraulic damper | 125.003 |



Duoplan Advanced

Adjustable leg section

- Long back section to support the head and shoulders efficiently
- Separately adjustable leg section, ideal for treating the lower body

| | | Item no. |
|-------------------------|-------------------------|----------|
| Duoplan Advanced | Gymna peripheral switch | 125.011 |
| | Foot switch | 125.012 |
| | Hydraulic damper | 125.013 |



Bobath-1 Advanced

Extra broad table

- Single section
- Table 202 x 120 cm
- Suitable for use with a patient hoist

Item no.

| | | |
|--------------------------|-------------|---------|
| Bobath-1 Advanced | Foot switch | 125.072 |
|--------------------------|-------------|---------|



Bobath-2 Advanced

Two sections, extra broad cushion

- Two sections
- Cushion 202 x 120 cm
- Suitable for use with a patient hoist

Item no.

| | | |
|--------------------------|-------------|---------|
| Bobath-2 Advanced | Foot switch | 125.082 |
|--------------------------|-------------|---------|



Tilting Advanced

High-quality verticalisation treatment table

- Motors are operated by hand switch
- Two separately adjustable, folding footrests
- Suitable for use with a patient hoist

Item no.

| | |
|-------------------------|---------|
| Tilting Advanced | 121.095 |
|-------------------------|---------|



Gymna G2 Series

High-quality basic model



Quality

The G2 treatment tables are equipped with high-quality European components that guarantee years of flawless functioning.



Endless possibilities

You can put your personal G2 table together using the following components: foot-, hand-, or peripheral switches, armrests, face opening, wheel mechanism or hydraulic height adjustment.



Hygiene

Depending on the model selected, the paper roll holder can be affixed to the back section or at the foot of the table.



G2 Trio
Back and head section

- Three-section cushion with short head section and long back section (no pli adjustment)

| | Item no. |
|----------------|----------|
| G2 Trio | 160.040 |



G2 Duoplus
Short head section

- Two-section cushion with short head section

| | Item no. |
|-------------------|----------|
| G2 Duoplus | 160.020 |



G2 Duo
Long back section

- Two-section cushion with long back section

| | Item no. |
|---------------|----------|
| G2 Duo | 160.000 |



G2 Traction
For lumbar and cervical traction therapy

- Cushion slides up to 15 cm
- Adjustable back section with gas springs

| | Item no. |
|--------------------|----------|
| G2 Traction | 160.110 |

4

2

Electrotherapy



Gymna 400 Series
Gymna 200 Series
Gymna 100 Series

Electrotherapy

the state of the evidence

Old manuscripts have shown that the court physician to the Roman Emperor Claudius Scribonius Largus used the electric stimuli from electric rays to treat headaches and gout. While the first therapeutic applications using electrical devices only started appearing in the 18th century, it still took until the early 1900s before methods were discovered to utilise these techniques in physiotherapy (which was still in the early stages).

At the beginning of the previous century, the science was barely there and electrotherapy was only founded on empirical evidence. Very little was known about its correct application.

*THE ROMANS WERE THE FIRST
TO UNDERSTAND THAT ELECTRIC
STIMULI COULD REDUCE PAIN*

The lack of knowledge and rules meant that the techniques were applied quite nonchalantly for years, which resulted in significantly varied therapeutic results. However, after 1990, the demand for reliable scientific research began to increase. For the last fifteen years, this has provided well-founded scientific evidence for many of the physical effects of electrical currents. It can now be said with absolute scientific certainty that electrotherapy techniques result in three physical effects in general: symptomatic pain reduction, cellular repair effects, and diagnostic/therapeutic muscle stimulation.



Symptomatic pain reduction

The group of scientists associated with Kathleen Sluka have been publishing respectable scientific results since 2002 concerning the pain-reduction effects of TENS (Transcutaneous electrical nerve stimulation).

In *Using TENS for pain control: the state of the evidence* (2014), they comprehensively introduce the neurophysiological mechanisms involved in pain modulation. Moreover, the therapist is asked to pay specific attention to a subtle, well-considered interaction with the parameter settings. Otherwise, the treatment becomes ineffective and it goes without saying that this is highly unethical with regard to the patient.



The fact that electrotherapy has effective applications for use in physiotherapy has been significantly proven. Gymna continues to follow the international developments and research closely so that our products are always up to date.



Cellular repair effects

The results of the research on the wound-healing properties of electrical current were published after 1985. High Voltage (HV) and Microcurrent (MET) immediately stand out in this context. In 2013, a Canadian group published an article titled '*The mechanisms and evidence of efficacy of electrical stimulation for healing of pressure ulcer: a systematic review*'. They described the physiological modes of action and compared the treatment results of nine studies, in which both MET and HV contributed to the healing of wounds. And just like with Sluka, the authors referred to the correct parameter settings and the poor results when this was not done.



Watson et al. (2012), Ho et al. (2007), Chan et al. (2007) and McMakin (2003), just to name a few, then made the connection between the well-known wound-healing properties of MET and muscle/tendon tissue and soft tissue damage in general. It was becoming increasingly clear that electrotherapy had gained another physical effect: tissue repair. Laser is included in the latter effect as well (see Konstantinovic (2010), Gur (2004), Avci (2013), Kiritsi (2009)).

Diagnostic and therapeutic muscle stimulation

Lastly, the Meesen (2010) group took a look at the usage from a different perspective. The M. Quadriceps of fully sedated patients in the Intensive Care Unit were electrically stimulated to prevent imminent muscle atrophy due to inactivity. Using the measurement of the girth of the M. Quadriceps, their study showed a gain on the treated side as opposed to the untreated control side. Baldi (1998), Kern (2005), Harris (2003) and Zanotti (2003) noted the same results in their study.



Gymna 400 Series

Evidence-based solutions

Are you looking for an evidence-based solution using pre-programmed protocols for your treatments? The Gymna 400 Series has implemented the most complete and intelligent techniques to facilitate your daily treatments and support you in making the right therapeutic decision.

The Gymna Guided Therapy System has been revamped and now offers you a



Medical eBook.

You can easily and clearly share your expertise with your patient.



User-friendly navigation

Thanks to the logical navigation process and a functional touchscreen, you have more time for your patients.



Evidence-based therapy

All treatments are based by using the latest studies. You can easily add new protocols in the future using the USB port.



Combi 400V

Combination device with electrotherapy and ultrasound, full-colour TFT Touchscreen with 3D graphics and GTS2.

- Electrotherapy 2-channel ultrasound
- Vacuum unit
- Laser therapy (laser probe optional)
- Guided Therapy System



| | Item no. |
|------------|----------|
| Combi 400V | 340.018 |



Design

Ergonomic design for optimum working comfort



Vacuum unit

Vacuum unit with 2 independent channels



Guided Therapy System (GTS2)

GTS2: Combines a medical eBook with user-friendly navigation and therapy proposals.



Combi 400



Combination device with electrotherapy, ultrasound, laser (optional)

Combi 400 Item no.
340.010



Duo 400



Electrotherapy device for pain reduction, muscle stimulation and cellular effects.

Duo 400 Item no.
340.020



Duo 400V



Electrotherapy device for pain reduction, muscle stimulation and cellular effects.

Duo 400V Item no.
340.028



Pulson 400



Device for ultrasound applications, including 2 multi-frequency ultrasound heads (1 MHz and 3 MHz, 1 cm² and 4 cm²)

Pulson 400 Item no.
340.050



Vaco 400



- Vacuum unit with 2 independent channels: 2-pole or 4-pole
- Electronic vacuum control and integrated massage function
- Controlled via Combi 400 or Duo 400

| | Item no. |
|----------|----------|
| Vaco 400 | 340.080 |

One giant leap forward

The new generation of the Guided Therapy System (GTS2) allows Gymna to demonstrate once again that it is a leader in the physiotherapy sector. This version comes with additional functionalities, offers more treatments and is fully integrated into the 400 Series.

Medical eBook

Easily and clearly share your expertise with your patient! The medical eBook is a complete reference work that has been integrated into the device. Using medical images and explanatory texts, you can give your patients an easy-to-understand explanation of the injury/illness and the treatment. You have access to the medical information at all times so that you can also provide the most recent information, even while treating the patient.



GTS2 HAS THREE MAJOR CHARACTERISTICS:

- MEDICAL eBook
- USER-FRIENDLY NAVIGATION
- EVIDENCE-BASED THERAPY

User-friendly navigation

A logical navigation process and a functional touchscreen means that you have more time for your patients! The GTS2 allows you to browse effortlessly and quickly through the various menu components, from direct therapy keys to selections per body part. Every therapist can find the ideal program for every patient in just a few seconds. A single touch of the finger is enough to start the treatment!

Evidence-based therapy

Gymna closely follows the newest international scientific developments. All pre-programmed protocols have therefore been created by leading universities and experts.





Gymna 200 Series

NEW

WATCH
THE VIDEO HERE



Precision pain management through years of expertise

- Software contains state-of-the-art scientific evidence

The ultrasound treatment effectively stimulates the tissue recovery process

- State-of-the-art ultrasound treatment head

The best muscle-stimulation performance

- New I/T Curve analyse option



Newly designed ultrasound head ensures effective treatments

- More efficient, higher returns
- Improved absorption of ultrasound waves without heat loss
- Real-time feedback: visual and auditory



Quickly responsive touchscreen

- Simple operation so you can get started immediately
- Smooth processing of your clinical reasoning ensures more efficient, faster treatments



Pain management is faster, better, and more accurate

- Contains the most up-to-date TENS protocols
- Significantly improved precision of parameter settings



Myo 200



2-channel Myo feedback with electrostimulation

- EMG & electrotherapy in 1 device
- Personalised effective treatments
- Extensive treatment guide
- Extensive range of probes



Item no.

| | |
|----------------------|---------|
| Myo 200 white | 320.290 |
| Myo 200 black | 320.390 |
| Myo set white | 320.298 |
| Myo set black | 320.398 |



Unique software package

A simpler rehabilitative therapy thanks to the accompanying software package.



Evidence-based protocols

Pelvic floor treatment, muscle re-education, proprioception, pain reduction, diagnostics, etc.



Measuring and treatment

Because it is combined with electrotherapy, you can use the Myo 200 to simultaneously measure and treat your patient.



Combi 200



Combination device for 2-channel electrotherapy, 2-pole and 4-pole. Diagnostics. Ultrasound. Simultaneous and combination therapy.

| | Item no. |
|------------------------|----------|
| Combi 200 white | 320.210 |
| Combi 200 black | 320.310 |



Combi 200L



Combination device for 2-channel electrotherapy, 2-pole and 4-pole. Diagnostics. Ultrasound. Laser. Simultaneous and combination therapy.

| | Item no. |
|-------------------------|----------|
| Combi 200L white | 320.260 |
| Combi 200L black | 320.360 |



Duo 200



2-channel electrotherapy, 2-pole and 4-pole. Low and mid-frequency currents. Diagnostics.

| | Item no. |
|----------------------|----------|
| Duo 200 white | 320.220 |
| Duo 200 black | 320.320 |



Pulson 200



Device for ultrasound therapy, continuous and pulsed. Ergonomic multi-frequency treatment head.

| | Item no. |
|-------------------------|----------|
| Pulson 200 white | 320.250 |
| Pulson 200 black | 320.350 |



Vaco 200



2-channel vacuum unit, 2-pole or 4-pole. Electronic vacuum control. Continuous or pulse mode. Can be combined with the Combi 200L, Combi 200, Duo 200 and Myo 200.

Vaco 200 white
Vaco 200 black

Item no.
320.280
320.380



Pulson 100



User-friendly portable device for ultrasound therapy. Visual and acoustic contact control ensures maximum output. 22 preset indications and one free mode.

Pulson 100 white
(new model available from January 2017)

Item no.
320.200



Gymna Mobile

Trolley with two shelves and a drawer. Fitted with a bottle-holder and bracket for hiding away cables and holding vacuum cups. Matches the Gymna 200 series perfectly.

Gymna Mobile

Item no.
320.804



3

Shockwave Therapy



Gymna ShockMaster 500
Gymna ShockMaster 300



Seppe Smits,
snowboarding world
champion (2011), can tell you
all about it.

SEE HIS STORY HERE



Patellar tendonitis (PT), a clinical challenge

Did you know that Shockwave Therapy really works?

Seppe has suffered from PT for months. Different therapies, including eccentric training and PRP (platelet-rich plasma) therapy, weren't working. Finally, they opted to try Radial Shockwave Therapy. And it worked! The pain stopped, he could focus on his training again, and as a result, won a place at the 2014 Winter Olympics in Sochi.

PATELLAR TENDONITIS (PT)

Patellar tendonitis is a frequently occurring injury among athletes who have to jump a lot, like basketball and volleyball players. This injury occurs among 30-45% of athletes in top-class sports. It occurs among 10-15%¹ at a recreational level.

PT is a stress injury. An imbalance occurs between the load and the capacity of the knee extensors' ability to bear this load. In Seppe's case, the major impact was on the patellar tendon upon landing after each jump, which was the primary cause of the PT. The following factors can also influence the cause of this injury: weight, BMI, waist-to-hip ratio, difference in leg length, height of the foot's arch, flexibility of the hamstrings and quadriceps, power in the quadriceps and the vertical jump force².

The patellar tendon has a stiff structure, must bear heavy loads, and is connected to the largest muscle group and longest bones in the human body. Moreover, the patellar tendon has little blood flowing through it. This makes a PT injury difficult to treat. Most rehabilitation programmes are based on reducing the weight on

the knee and improving the muscle-tendon function by means of eccentric training. To date, it is a good treatment, but scientific research has not always been able to demonstrate the success. Sometimes, the impact on the tendon is simply too much, like in Seppe's case. Luckily, time does not stand still and innovations in physiotherapy have provided a solution. For example, for the past 15 years, Shockwave Therapy has been used successfully for chronic tendinitis therapy. Shockwave Therapy's good results make it a widely accepted and widely used therapy for, among other things, tennis elbow, plantar fasciopathy and patellar tendonitis. The mechanotransduction stimuli during Shockwave Therapy treatments cause neovascularisation, migration and differentiation in the mesenchymal stem cells, which boosts the natural healing process. Various recently published scientific studies on the treatment of PT using Shockwave Therapy have demonstrated positive results (65% - 90%)^{3 and 4}. A combination of Shockwave Therapy and eccentric training provides the best results. It is therefore advisable to include Shockwave Therapy in the patient's comprehensive treatment plan so that the issues can be treated as effectively as possible.

Lastly, we can state that Shockwave Therapy is a good, non-invasive, safe, effective solution to (chronic) patellar tendonitis, a complication that often poses a challenge in the fields of physiotherapy, orthopaedics or sports medicine. Shockwave Therapy also

A COMBINATION OF SHOCKWAVE THERAPY AND ECCENTRIC TRAINING PROVIDES THE BEST RESULTS.

helped Seppe's issues, which means that he can once again train at full strength and continue his career in sports.

Are you constantly busy?

Patellar tendonitis is only one of the many indications that can be treated by Shockwave Therapy. Did you know that you can treat trigger points? That muscle pain can also be dealt with using Shockwave Therapy? In short, any number of indications can be treated using Shockwave Therapy.

Gymna understands that it's very busy at your practice, in which you want to effectively help your patients. They come first. There isn't a lot of time left to then review the latest professional literature. Understandable, which is why we always keep you up to date!

This is why Gymna ShockMaster includes intuitive software that can be uploaded and allows you to follow up closely on the most recent developments in Shockwave Therapy.

Scientific insights are translated into new and adapted indications. This offers opportunities to continuously expand the applications of your Gymna ShockMaster. This will allow you to effectively treat more patients, which will only benefit your practice's profits.

Investing in Gymna ShockMaster is an investment that yields turnover, knowledge, applications and time.



¹ J. Zwerver. Patellar tendinopathy ('jumper's knee'): A common and difficult-to-treat sports injury. Nederlands Tijdschrift voor Geneeskunde. 2008; 152(33):1831-7.

² H. Van der Worp, M. Van Ark, J. Zwerver and I. Van den Akker-Scheek. Risk Factors for Patellar Tendinopathy: A systematic review of the literature. British Journal of Sports Medicine 2011;45(5):446-452

³ M.T. Van Leeuwen, J. Zwerver, and I. Van den Akker-Scheek. Extracorporeal shockwave therapy for patellar tendinopathy: A review of the literature. British Journal of Sports Medicine 2009;43(3):163-8

⁴ H. van der Worp, J. Zwerver, I. Van den Akker-Scheek and R.L. Diercks. The TOPSHOCK study: Effectiveness of radial shockwave therapy compared to focused shockwave therapy for treating patellar tendinopathy. Design of a randomized controlled trial. BMC Musculoskeletal Disorders 2011; 12:229

NEW
INDICATIONS
2016



WATCH
THE VIDEO HERE



Gymna ShockMaster 500

Treatment under the best possible conditions

- Fast software updates via USB port
- Intelligent User Interface
- Silent oil compressor, no vibrations, easily accessible

| | |
|-----------------------|----------|
| | Item no. |
| Gymna ShockMaster 500 | 338.950 |



Broad range of use

Always up to date: New treatments are constantly being added. Including: sports indications.



Intuitive user interface

Actual treatment photos with treatment parameters for support.



User-friendly

Orderly storage of accessories due to preformed drawer dividers

SHOCKWAVE
THERAPY

An investment that
gets maximum
returns for your
practice



Gymna ShockMaster 300

Shockwave Therapy, anywhere, anytime

- Indications with treatment protocols
- Mobility thanks to its compact format
- Silent, maintenance-free, built-in compressor

Item no.

Gymna ShockMaster 300

338.830



Maximum results

6-8 treatment sessions; a 10-minute treatment session has an 80% chance of success.



Knowledge and expertise

Current indications list based on therapeutic expertise and evidence-based results.



Custom-made carrying case

Portable, e.g. to a patient's home, to a competition, sports club, hospital, etc.

Comparison of the Gymna ShockMaster 300 & 500

| | SHOCKMASTER 300 | SHOCKMASTER 500 |
|-------------------------------------|-------------------------------|-------------------------------|
| <i>CHARACTERISTICS</i> | | |
| Dimensions (H x D x W in cm) | 18 x 38 x 42 | 102 x 58 x 57 |
| Weight (kg) | 11 | 64.5 |
| Mobility | Portable | Integrated trolley |
| Compressor | Built-in (Air) | In Trolley (Oil) |
| Connections | 1 | 2 |
| <i>USER INTERFACE</i> | | |
| Free Mode | Plug and play | Plug and play |
| Indications List | Pre-programmed settings | Pre-programmed settings |
| Body Part | Quick Start | Quick Start |
| Patient Database | | 2,500 Patients |
| Back-Up System | | Patient Database |
| GTS2 | | Medical eBook |
| Preset counter | Supported by illuminated bar | Supported by illuminated bar |
| Software Update | Via USB Port | Via USB Port |
| <i>PERFORMANCE</i> | | |
| Max. Frequency | 17 Hz | 21 Hz |
| Max. Frequency with V-Actor | 31 Hz | 35 Hz |
| Max. Pressure | 4 bar | 5 bar |
| <i>HAND PIECE & APPLICATORS</i> | | |
| On/off Function | Electronic | Electronic |
| Weight (kg) | 0.45 kg | 0.45 kg |
| Ergonomic | Soft rubber protection | Soft rubber protection |
| V-Actor Vibration Therapy | Yes | Yes |
| Revision Kit | 4 Revisions | 4 Revisions |
| Applicators | 15-mm applicator | 15-mm applicator |
| | D-Actor applicator (20 mm, S) | D-Actor applicator (20 mm, S) |
| | Deep Impact applicator | Deep Impact applicator |
| <i>MARKETING MATERIALS</i> | | |
| | Patients' folders | Patients' folders |
| | Poster | Poster |
| | Certificate | Certificate |



4

Cryotherapy



Gymna Cryoflow ICE-CT





Your patients recover faster with Cryotherapy

Cold has been used in the world of medicine for centuries. The effects have also been scientifically demonstrated. The following results can be achieved with Cryotherapy:

- Pain reduction
- Anti-inflammatory and reduces swelling
- Muscle relaxation

The most important conditions for maximising these results are:

- Reduction of the skin temperature to 12°C
- Reduction of the skin temperature within one minute

A higher skin temperature gives no result or a lesser result. A (too) low temperature increases the risk of burns and nerve damage.

*WHAT WOULD YOU PICK:
AN ICE CUBE OR THE
GYMNA CRYOFLOW ICE-CT?*

The majority of therapists still use an ice cube or an ice pack, but there is still doubt as to whether this achieves the desired result. We have tested it for you. Which application achieves the desired skin temperature of 12°C the fastest: an ice cube or a stream of cold air from the Gymna Cryoflow ICE-CT? We also looked at how the temperature continues to change during a 10-minute treatment session in order to detail the potential risks or any reduction in the result.

WATCH
THE VIDEO HERE



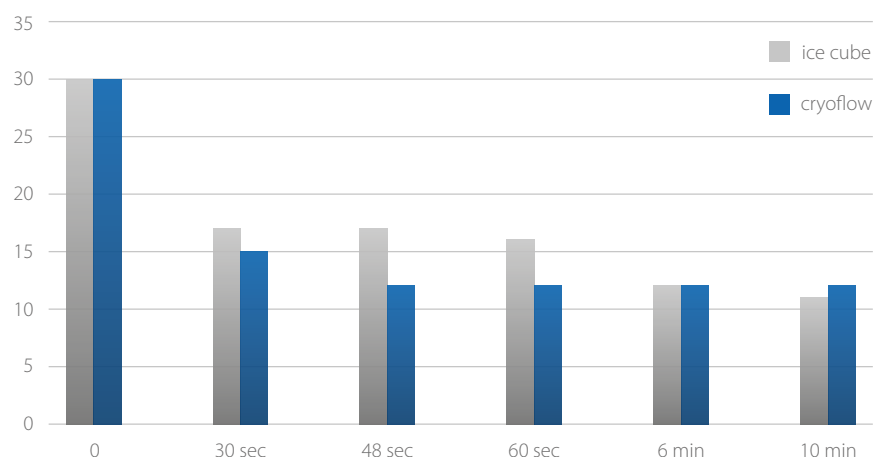
Method

We selected 11 test subjects (6 women, 5 men) for the test. In order to cool down the temperature of their skin, we apply friction with ice cubes on the left arm. Every 30 seconds, for a total of 10 minutes, we measure the skin's temperature. We then cool down the right arm for 10 minutes using the cold air from the Gymna Cryoflow ICE-CT. The M. Extensor Carpi Radialis Brevis tendon insertion serves as a reference point on both the left and right side.



Results

Using the Gymna Cryoflow ICE-CT, we achieved a skin temperature of an average of 12°C after 48 seconds. This took an average of 6 minutes using an ice cube (see Figure 1). We also note that the temperature of the skin could be kept at a constant 12°C using the Gymna Cryoflow ICE-CT. The IR feedback system automatically adjusts the flow of air.



What happens to the skin's temperature during a 10-minute treatment session?

Figure 1 shows that the ice cube therapy results in skin temperature that continuously drops. The skin temperature in 54% of the test subjects dropped to 10°C or lower in 10 minutes. De Gymna Cryoflow ICE-CT can maintain the skin's temperature (12°C) for 10 minutes.

Conclusions



Using the Gymna Cryoflow ICE-CT, we were able to reach the desired skin temperature more quickly than with an ice cube. The temperature was kept at the optimum level during treatment using the unique IR feedback system. The skin temperature continued to drop when using ice cubes, which could result in burns and nerve damage.

Advantages of the Gymna Cryoflow ICE-CT

Unique IR feedback system:

- Constant measurement of the skin temperature by the infrared sensor means that the air flow is automatically adjusted to reach and maintain the desired temperature.

Powerful air flow:

- The skin temperature drops to 12°C within 1 minute so the metabolic reactions required are initiated immediately
- The compression effect provides additional applications, such as lymphatic drainage by a combination of sweeping and compression

Short treatment duration due to very rapid drop to the desired temperature



Gymna Cryoflow ICE-CT

Cryotherapy with infrared feedback system for optimal temperature control

- Continuous measurement of the skin temperature by means of an infrared sensor
- Air flow is automatically adjusted to maintain the desired temperature
- Maximum result: avoid having a temperature that is too high or too low
- Hands-free, thanks to the ergonomic treatment arm



| | |
|-----------------|----------|
| | Item no. |
| Cryoflow ICE-CT | 343.002 |



Powerful airflow of up to 1,000 L/min

The desired metabolic reactions can be triggered immediately.



User-friendly

The Cryoflow ICE-CT does not require refilling.



2 treatment methods

Static and handsfree or dynamic and manual.



5

Diathermy



Gymna Thermo 500

Diathermy

an effective complement to manual therapy

The basic principle of diathermy, generating deep heat in the body, dates back to sometime around 1925. As is typically done in physiotherapy, the method and indications have been applied through the years based on experience alone. Reliable scientific research into this method has only been carried out for the past 15 years or so.

A striking study by David Draper in 2014 has been cited out of a series of publications in the past decade. In his publication, 'Pulsed Shortwave Diathermy and Joint Mobilizations for Achieving Normal Elbow Range of Motion After Injury or Surgery With Implanted Metal', Draper studied to what extent treatment using a 27-MHz shortwave contributed to repairing the range of motion in the elbow. Patients with a prior history of ulna and/or radial fractures were included in the abovementioned study. All of them had a limited extension active range of motion because of this. The functional results of this were known: difficulty in reaching, throwing, etc.

THE STUDY DEMONSTRATED GOOD RESULTS RELATED TO THE PHYSICAL EFFECT OF DIATHERMY AND THE POINT AT WHICH THE METHOD MUST BE INCLUDED IN THE TREATMENT PLAN.

A great deal of the literature shows that combined heat therapy and joint mobilisations have a positive effect. As a matter of fact, modern short wave devices can easily heat up a joint, such as an elbow, to above 40°C. This is ideal for improving the viscoelastic properties of the collagen. With this information in the back of his mind, the author wrote up a treatment protocol that consisted of 20 minutes of pulsed shortwave



diathermy (800 Hz, 400 μ s, 40-48 W) immediately followed by 7 to 8 minutes of manual therapy (Maitland level III and IV), followed by a 30-minute cool-down.

The study demonstrated good results related to the physical effect of diathermy and the point at which the method must be included in the treatment plan. Similar studies demonstrated parallel results and Kaltenborn et al. (2002), one of the pioneers of manual therapy, even emphasises the importance of diathermy in order to reach the deeper tissue.





38
PROVEN
INDICATIONS

Gymna Thermo 500

Electromagnetic energy allows the heat to go deep into the tissues, while the skin barely registers any tangible heat.

- 27-MHz shortwave diathermy device
- Free memory space for patient database or personalised programs
- 2 independent channels

| | Item no. |
|------------------|----------|
| Gymna Thermo 500 | 114.837 |



Thermal applications

High, repetitive pulsation combined with longer pulsations can create a thermal effect for treating chronic complications.



Athermal applications

Pulsed shortwave therapy is applied athermally for acute complications: burns, post-traumatic injuries, etc.



Thermoploids

Special thermoploids for an optimum infiltration depth.



6

Active Motion



Fitvibe Excel Pro
Gymna W-Move

Active Motion

Paramedic Centre Heksenwiel introduces the Gymna W-Move

"In order to increase my practice's profits, I was looking for an option to train target groups simultaneously. The Gymna W-Move lets me have a circuit training option in the office that even people with extremely low-load exercise requirements can safely and effectively use to exercise." Mark van Zanten, owner of the Paramedic Centre Heksenwiel.

"Getting patients/customers to exercise and to keep exercising is a key point within my practice. Thanks to the Gymna W-Move, I can train my patients with a focus on the target group, and

WE HAVE SEEN THAT GROUP TRAINING SESSIONS USING THE GYMNA W-MOVE HAS INCREASED PATIENT SATISFACTION.

continue to work on their general fitness levels. This allows me to maintain contact with my customers and their training is both safe and fun. Seniors, patients with COPD or rheumatism, post-operative patients, even healthy patients who want to exercise under my expert guidance; they've all found their way to my paramedic centre. We have seen that group training sessions using the Gymna W-Move has increased patient satisfaction, which means that they continue to exercise for longer," states Mark. The Gymna W-Move hydraulic system ensures that movement is more intuitive and



"An asset for my physiotherapy practice"

Mark van Zanten



smoother than when exercise is done on regular resistance equipment. This is a relief for the seniors and all patient groups. The Gymna W-Move has created added value for my practice because it has expanded my entrepreneurship. The W-Move concept also consists of a set of ready-to-use marketing materials that I can use to attract more patients in a professional manner without incurring extra costs. In our society, in which more and more people are becoming aware of the importance of exercise, we physiotherapists can use the Gymna W-Move to offer a safe, effective and fun solution!"



Fitvibe Excel Pro

- Built-in training software
- Frequency: 20-60 Hz
- Ergonomic grips
- Designed to last longer
- Vibration-free control panel
- Different functions with a wide range of training exercises
- Easy-to-access start/stop buttons

Item no.

Fitvibe Excel Pro

334.015



Medical treatment protocols



High-quality vibrating platform



Built-in training software



Gymna W-Move

Gymna W-Move: A smart move for your practice

Gymna W-Move is a complete training concept in which various types of exercises are done to increase your patients' flexibility, physical strength, condition and wellbeing. Gymna W-Move makes it possible for you to combine prevention and care effectively.

| | Item no. |
|---------------------------|----------|
| Gymna W-Move complete set | 350.042 |



Remedial therapy as focused individual rehabilitation



Small circuit training for specific target groups



Complete circuit training for rehabilitation centres, home care, hospitals, etc.



Chest/Back

Upper body training

Muscle groups involved

- Triceps brachii
- Pectoralis major
- Biceps brachii

Item no.

Chest/Back

350.152



Shoulder Press/Lat Pull

Upper body training

Muscle groups involved

- Deltoideus
- Triceps brachii
- Biceps brachii

Item no.

Shoulder Press/Lat Pull

350.196



Biceps/Triceps

Upper body training

Muscle groups involved

- Biceps brachii
- Triceps brachii

Item no.

Biceps/Triceps

350.141



Pec Dec/Fly

Upper body training

Muscle groups involved

- Pectoralis major
- Triceps brachii
- Deltoideus

Item no.

Pec Dec/Fly

350.196



Abdominal Back

Stomach and back training

Muscle groups involved

- Rectus abdominis
- Erector spinae

Item no.

Abdominal Back

350.108



Back Extension

Stomach and back training

Muscle groups involved

- Erector spinae

Item no.

Back Extension

350.130



Twisting

Stomach and back training

Muscle groups involved

- Rectus abdominis
- Obliquus externus

Item no.

Twisting

350.207

Why choose Gymna W-Move

- Expansion of your range with target group training
- Specially developed for physiotherapy
- Compact devices that take up very little room
- High-quality materials and finish
- Hydraulic training

**WATCH
THE VIDEO HERE**





Leg Extension/Leg Curl

Lower body training

Muscle groups involved

- Quadriceps
- Poplites caedentes

Item no.

Leg Extension/Leg Curl

350.163



Abductor/Hip Adductor

Lower body training

Muscle groups involved

- Tensor fasciae latae
- Adductor magnus
- Gluteus maximus

Item no.

Abductor/Hip Adductor

350.119



Leg press

Lower body training

Muscle groups involved

- Quadriceps
- Gluteus maximus
- Gastrocnemius
- Tibialis Anterior
- Soleus

Item no.

Leg press

350.174



Complete your practice's Gymna W-Move training concept with the Fitvibe Excel Pro.

Fitvibe Excel Pro

Whole Body Vibration

- Vibrating platform
- Additional options, better training results

Item no.

Fitvibe Excel Pro

334.015



7

Physio Care





Physio Care

Discover the secret to a good massage product

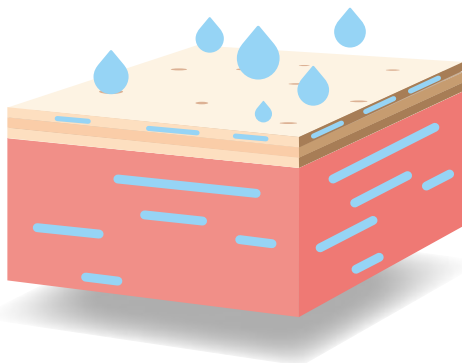
Massage is a much-used treatment method in physiotherapy. Have you ever wondered if you were using the right massage products? You are applying mechanical stress to your patient's skin during a massage. It is therefore important that the lotion has a very high moisturisation level. Moreover, the emulsion must be absorbed well in order to hydrate and protect so that the skin remains intact and well balanced.

The composition of the products that are used is of critical importance in order to obtain the desired therapeutic effect. Some massage products are based on oil-in-water emulsions in which the oil is distributed as fine droplets in the water phase. Products like this won't make the skin sticky and are fairly easy to remove. However, the downside is that you cannot massage for long. There is also a water-in-oil emulsion in which the water is distributed as fine droplets in the oil phase. A water-in-oil emulsion leaves an oily layer on the skin, which allows you to massage easily, but the

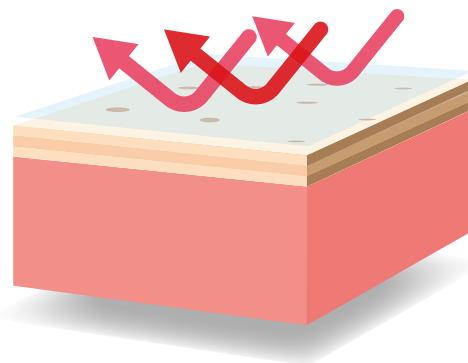
skin will become sticky and the product is difficult to clean off.

Science has come up with a solution by combining the oil-in-water and water-in-oil emulsions. They have discovered that when the emulsion is contained in an intermediary substance, such as liquid crystals, the benefits of oil-in-water and water-in-oil emulsions are united. This means good lubrication without blocking the skin, hydration that makes the skin soft and results in clean, dry skin after the massage. Gymna has developed the Physio Care line based on this principle. Our lotions are made using high-quality

*HYDRATING THE SKIN STIMULATES
BLOOD CIRCULATION AND REMOVAL
OF TOXIC SUBSTANCES.*



*THE SKIN IS PROTECTED FROM
MECHANICAL STRESS.*



ingredients contained in a liquid crystal emulsion. The active ingredients can penetrate deep into the skin, where they start working and effectively support the massage. Because Physio Care products are paraben-free, have a neutral pH and are also hypoallergenic, they are utterly suited for any skin type.

order to offer a complete range of treatments. The length, type of treatment and the condition of the patient's skin determine which product you need to use. You can read about which product is best used when on the following pages.

**WATCH
THE VIDEO HERE**



Physio Care is made
using high-quality
ingredients contained
in a liquid crystal
emulsion.

The product scents have been kept as neutral as possible so as not to disturb any patient. The difference between the products is primarily in the oil content. This means that you only need a few products in



Gymna Physio Care

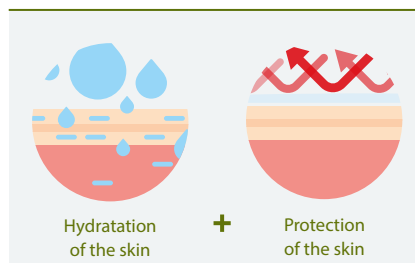
High-quality massage lotions for professionals

- Ensures easy lubrication and spreading
- Protects the skin from mechanical stress
- Keeps the skin of both the therapist and the patient in good condition
- Results in dry, supple skin after the treatment



Therapeutic and effective

Optimal care for your hands.
A little bit goes a long way.
Easy to rinse off with water.



High-quality ingredients

pH-neutral
Paraben-free hydrating complexes make it skin-friendly, high-quality oils soften the skin.



Asset for patient comfort

Stimulates the skin's natural repair function.
The lotion is absorbed well, leaving the skin soft and supple after treatment.



Oil level
and duration

Gymna Essential

Essential to every practice

- Pleasant texture
- Lasting hydration and protection
- Repairs the skin's natural balance
- Soft yet dry after use

Item no.

Gymna Essential 500 ml
Gymna Essential 5 L

341.000
341.011



Oil level
and duration

Gymna Pure

The multipurpose solution

- Immediately perfect lubrication and spreading properties
- Repairs the skin's natural balance
- Soft yet dry after use
- Lasting hydration and protection

Item no.

Gymna Pure 500 ml
Gymna Pure 5 L

341.044
341.055



Oil level
and duration

Gymna Intense

For longer, more intense massages

- High oil content
- Excellent lubrication and spreading properties
- Lasting hydration and protection of the skin
- Repairs the skin's natural balance

Item no.

Gymna Intense 500 ml
Gymna Intense 5 L

341.022
341.033



Gymna Thermo

Warming effect

- Warming massage lotion
- Perfect lubrication and spreading properties
- Ideal for long, warming massages

Item no.

Gymna Thermo 500 ml
Gymna Thermo 5 L

341.066
341.077




















Gymna Contact




















Neutral hydrogel

















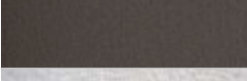

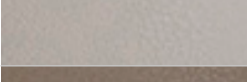
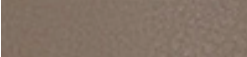
- Excellent lubrication
- Optimum absorption of ultrasound waves
- pH-neutral
- Optimum glide for use in Electrotherapy and Shockwave Therapy























| | Item no. |
|-----------------------------|----------|
| Gymna Contact 500 ml | 341.088 |
| Gymna Contact 5 L | 341.099 |











Product list

| Treatment tables | | ITEM NO. |
|---|---|--|
| PRODUCTS GYMNA.ONE | | <i>Lying surface: 205 x 67 cm / Hight: 50 - 100 cm</i> |
|  | gymna.ONE - T7 | 160.374 |
|  | gymna.ONE - T7 Carbon Black | 160.376 |
|  | gymna.ONE - Q8 | 160.484 |
|  | gymna.ONE - Q8 Carbon Black | 160.486 |
| PRODUCTS LUXE SERIE | | <i>Lying surface: 202 x 67 cm / Hight: 45 - 95 cm</i> |
|  | Duo Luxe electric circuit switch + heating and Ergomax | 125.004 |
|  | Duoplan Luxe electric circuit switch + heating and Ergomax | 125.014 |
|  | Duoplus Luxe electric circuit switch + heating and Ergomax | 125.024 |
|  | Duoflex Luxe electric circuit switch + heating and Ergomax | 125.034 |
|  | Trioplus Luxe electric circuit switch + heating and Ergomax | 125.044 |
|  | Trioflex Luxe electric circuit switch + heating and Ergomax | 125.054 |
|  | Osteoflex Luxe electric circuit switch + heating and Ergomax | 125.064 |
|  | Quadroflex Luxe electric circuit switch + heating and Ergomax | 125.094 |
| PRODUCTS ADVANCED SERIE | | <i>Lying surface: 202 x 67 cm / Hight: 45 - 95 cm</i> |
|  | Duo Advanced electric circuit switch | 125.001 |
|  | Duo Advanced electric foot | 125.002 |
|  | Duo Advanced hydraulic | 125.003 |
|  | Duoplan Advanced electric circuit switch | 125.011 |
|  | Duoplan Advanced electric foot | 125.012 |

| Treatment tables | | ITEM NO. |
|---|---|----------|
| PRODUCTS ADVANCED SERIE | | |
|  | Duoplan Advanced hydraulic | 125.013 |
|  | Duoplus Advanced electric circuit switch | 125.021 |
|  | Duoplus Advanced electric foot | 125.022 |
|  | Duoplus Advanced hydraulic | 125.023 |
|  | Duoflex Advanced electric circuit switch | 125.031 |
|  | Duoflex Advanced electric foot | 125.032 |
|  | Duoflex Advanced hydraulic | 125.033 |
|  | Trioplus Advanced electric circuit switch | 125.041 |
|  | Trioplus Advanced electric foot | 125.042 |
|  | Trioplus Advanced hydraulic | 125.043 |
|  | Trioflex Advanced electric circuit switch | 125.051 |
|  | Trioflex Advanced electric foot | 125.052 |
|  | Trioflex Advanced hydraulic | 125.053 |
|  | Osteoflex Advanced electric circuit switch | 125.061 |
|  | Osteoflex Advanced electric foot | 125.062 |
|  | Osteoflex Advanced hydraulic | 125.063 |
|  | Quadroflex Advanced electric circuit switch | 125.091 |
|  | Quadroflex Advanced electric foot switch | 125.092 |
|  | Quadroflex Advanced, hydraulic | 125.094 |

| Treatment tables | | ITEM NO. |
|---|--|----------|
| PRODUCTS G2 Lying surface: 205 x 67 cm/Botom space: 15cm / Hight electric : 50 - 100 cm / Hight hydraulic 50-95 cm | | |
|  | G2 Trio | 160.040 |
|  | G2 Duoplus | 160.020 |
|  | G2 Duo | 160.000 |
|  | G2 Traction | 160.110 |
| PRODUCTS SPECIAL TABLES | | |
|  | Bobath-1 Advanced electric foot | 125.072 |
|  | Bobath-2 Advanced electric foot | 125.082 |
|  | Tilting Advanced electric hand switch | 121.095 |
| GENERAL ACCESSORIES | | |
|  | Cover for treatment table - Granite/Carbon | 329.791 |
|  | Cover for treatment table - Ocean/Pacific | 329.835 |
|  | Cover for treatment table - Metal/Chrome | 329.802 |
|  | Cover for treatment table - Sand/Sahara | 329.846 |
|  | Cover treatment table - Terra/Terracota | 329.868 |
|  | Cover for treatment table - Stone/Marble | 329.857 |
|  | Cover for treatment table - Snow/Ivory | 329.879 |
|  | Cover for treatment table - Havana | 334.994 |
|  | Terry Cover gymna.ONE Carbon | 150.315 |
|  | Terry Cover gymna.ONE Darkwood | 150.326 |
|  | Terry Cover gymna.ONE Ivory | 150.337 |
|  | Terry Cover gymna.ONE Patina | 150.348 |
|  | Terry Cover gymna.ONE Taupe | 150.359 |

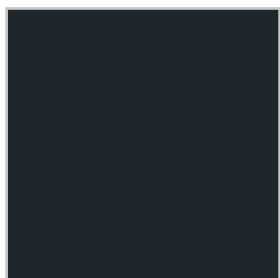
| Treatment tables | | ITEM NO. |
|---|---|----------|
|  | Elastic strap with clip fitting (3) | 105.340 |
|  | Foot end protector for Gymna couches | 332.915 |
|  | Head and stomach cushion 40x30x10 cm Carbon | 100.224 |
|  | Cover for head and stomach cushion Carbon | 115.940 |
|  | Bolster - diameter 15 cm | 100.203 |
|  | Bolster - diameter 10 cm | 112.211 |
|  | Knee roll - large | 100.229 |
|  | Knee roll - small | 115.939 |
|  | Cover for knee roll - large - Carbon | 115.941 |
|  | Cover for small knee roll - Carbon | 115.942 |
|  | Bobath roll | 100.233 |
|  | Supporting cushion pad - large model | 100.227 |
|  | Supporting cushion pad - small model | 100.226 |
|  | Cushion cube-psoas | 100.202 |
|  | Crescent-shaped cushion | 108.916 |
|  | Face cushion | 100.228 |
|  | Fixing belt - 2,5 m | 100.242 |
|  | Tabouret Luxe finish - Carbon | 336.006 |
|  | Tabouret Luxe finish - Pacific | 336.061 |
|  | Tabouret Luxe finish - Chrome | 336.017 |
|  | Tabouret Luxe finish - Sahara | 336.072 |
|  | Tabouret Luxe finish - Terracotta | 336.083 |

| Treatment tables | | ITEM NO. |
|---|---------------------------------|----------|
|  | Tabouret Luxe finish - Marble | 336.050 |
|  | Tabouret Luxe finish - Ivory | 336.039 |
|  | Tabouret Luxe finish - Havana | 336.028 |
|  | Tabouret Luxe finish - Agave | 339.108 |
|  | Tabouret Luxe finish - Atoll | 339.119 |
|  | Tabouret Luxe finish - Mandarin | 339.130 |
|  | Tabouret Luxe finish - Darkwood | 150.381 |
|  | Tabouret Luxe finish - Patina | 150.392 |
|  | Tabouret Luxe finish - Taupe | 150.403 |
| | G2 Paper roll holder 50 cm | 150.106 |
| | G2 Paper roll holder 60 cm | 150.117 |
|  | Ergomax | 150.414 |

Standard upholstery



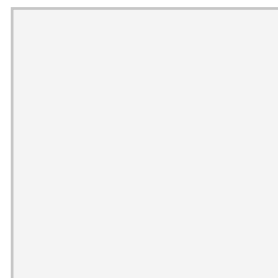
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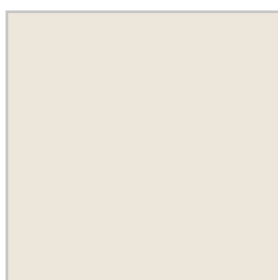
CARBON



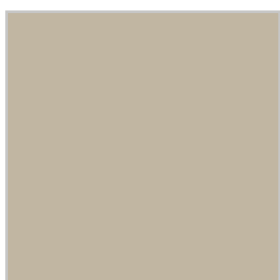
CHROME



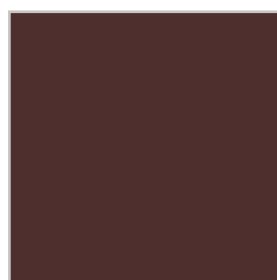
IVORY



SAHARA



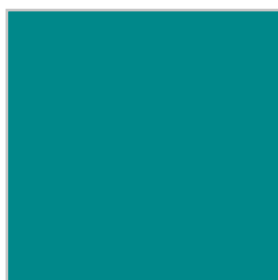
MARBLE



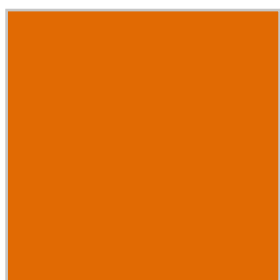
HAVANA



TERRACOTTA



AGAVE



MANDARIN



ATOLL


















Special upholstery
















Colors can deviate because of printing technology






| Treatment tables Options | ITEM NO. |
|--|----------|
| GYMNA.ONE | |
| Option gymna.ONE motorized mid section | 150.304 |
| LUXE SERIES | |
| Electric powered mid-section | 125.602 |
| Motorized head section | 125.610 |
| Option sidesupports Quadroflex Luxe | 125.622 |
| Brackets fasten belt Duo/Trio excl. belt | 121.404 |
| Brackets fasten belt Osteo excl. belt | 121.405 |
| Brackets fasten belt Duoplan excl. belt | 121.406 |
| Option color couch | 125.601 |
| Adaptation width 60 cm Luxe Couches | 125.608 |
| Adaptation width 80 cm Luxe Couches. | 125.609 |
| BlockBox for Adv/Luxe/Basic couch | 121.437 |
| ADVANCED SERIES | |
| Electric powered mid-section | 125.602 |
| Motorized head section | 125.610 |
| Option sidesupports Quadroflex Advanced | 125.618 |
| Brackets fasten belt Duo/Trio excl. belt | 121.404 |
| Brackets fasten belt Osteo excl. belt | 121.405 |
| Brackets fasten belt Duoplan excl. belt | 121.406 |
| Option color couch | 125.601 |
| Adaptation width 60cm Advanced Couches | 121.402 |
| Adaptation width 80cm Advanced Couches. | 121.403 |
| BlockBox for Adv/Luxe/Basic couch | 121.437 |
| Breathing hole and plug (Bobath-2) | 125.603 |
| Separate leg fixation Tilting | 125.606 |
| Back-up battery power supply Tilting | 125.607 |
| G2 SERIES | |
| G2 Peripheral switch | 150.007 |
| G2 Hand control | 150.029 |
| G2 Hydraulic | 150.001 |
| G2 Wheel mechanism | 150.062 |
| G2 Cushion with face opening | 150.003 |
| G2 Arm supports | 150.002 |
| G2 upholstery in special colors | 150.004 |
| BlockBox for G2/Classic table | 122.408 |

| | Q8 | T7 | Quadro flex | Trioplus | TrioFlex | Osteoflex | Duoflex | Duoplus | Duo | Duoplan | Trio |
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



| Shockwave Therapy | | ITEM NO. |
|---|--|----------|
| PRODUCTS | | |
|  | ShockMaster 300 | 338.830 |
|  | ShockMaster 500 | 338.950 |
| OPTIONS | | |
|  | ShockMaster 500 Trolley | 338.960 |
|  | ShockMaster 15 mm applicator Black | 338.613 |
|  | ShockMaster 6 mm acup Applicator Black | 338.602 |
|  | ShockMaster Deep Impact applic Black | 338.624 |
|  | ShockMaster D-Actor 20 mm S Black | 338.646 |
|  | ShockMaster D-Actor 35 mm S Black | 338.657 |
|  | ShockMaster RSWT focus lens Black | 338.630 |
|  | Patient Flyer Gymna ShockMaster - E - 25 | 338.360 |
| | Poster Gymna ShockMaster - 50 x 70cm | 338.382 |
|  | ShockMaster Protective Anti Skid Mat | 338.217 |
|  | Shockmaster revision kit 22591 Black | 309.771 |
|  | ShockMaster RSW Handpiece Black | 338.228 |
|  | Carry Bag ShockMaster 300 | 338.316 |
|  | ShockMaster V-ACTOR 25 mm Applic Black | 338.668 |
|  | ShockMaster V-ACTOR 40 mm Applic Black | 338.679 |
|  | ShockMaster V-ACTOR II Black | 338.239 |

| Physio Care | | ITEM NO. |
|---|---------------------------------|----------|
| PRODUCTS | | |
|  | Contact 500 ml (12) | 341.088 |
| | Contact 5 L | 341.099 |
|  | Essential 500 ml (12) | 341.000 |
| | Essential 5 L | 341.011 |
|  | Intense 500 ml (12) | 341.022 |
| | Intense 5 L | 341.033 |
|  | Pure 500 ml (12) | 341.044 |
| | Pure 5 L | 341.055 |
|  | Thermo 500 ml (12) | 341.066 |
| | Thermo 5 L | 341.077 |
| ACCESSORIES | | |
|  | Massage Lotion Pump 500 ml (24) | 341.132 |
|  | Massage Lotion Pump 5 L (24) | 341.121 |
|  | Refillable Flask 200 ml (24) | 341.110 |





















| Cryotherapy | | ITEM NO. |
|---|------------------------------|----------|
| PRODUCTS | | |
|  | Gymna Cryoflow ICE-CT | 343.002 |
| ACCESSORIES | | |
|  | Arm Gymna Cryoflow ICE-CT | 343.035 |
|  | Nozzle 5 mm Cryoflow | 300.221 |
|  | Nozzle 15 mm Cryoflow | 300.222 |
|  | Nozzle 25 mm Cryoflow | 300.223 |
| | Sleeve Gymna Cryoflow ICE-CT | 343.068 |

| Diathermy | | ITEM NO. |
|---|--|----------|
| PRODUCTS | | |
|  | Thermo 500, incl. standard accessories | 114.837 |
| OPTIONS | | |
|  | Electrode arm Thermo 500 | 114.838 |
|  | Cable for thermopode - Thermo 500 | 114.839 |
|  | Thermopode diameter 14 cm Thermo 500 | 114.840 |
|  | Thermopode diameter 8 cm Thermo 500 | 115.149 |

| Electrotherapy | | ITEM NO. |
|---|-------------------------------|----------------------------------|
| PRODUCTS | | |
|  | Combi 400 | 340.010 |
|  | Combi 400V | 340.018 |
|  | Duo 400 | 340.020 |
|  | Duo 400V | 340.028 |
|  | Pulson 400 | 340.050 |
|  | Vaco 400 | 340.080 |
|  | Combi 200L (white and black) | 320.260 (white); 320.360 (black) |
|  | Combi 200 (white and black) | 320.210 (white); 320.310 (black) |
|  | Duo 200 (white and black) | 320.220 (white); 320.320 (black) |
|  | Pulson 200 (white and black) | 320.250 (white); 320.350 (black) |
|  | Myo 200 (white and black) | 320.290 (white); 320.390 (black) |
|  | Myo 200 Set (white and black) | 320.298 (white); 320.398 (black) |
|  | Vaco 200 (white and black) | 320.280 (white); 320.380 (zwart) |
|  | Pulson 100 (white) | 320.200 (white) |








| | | ITEM NO. | Combi 400 | Combi 400V | Duo 400 |
|---|---|----------|--------------|---------------|------------|
| ACCESSORIES ELECTROTHERAPY | | | | | |
|  | Adaptor cable 2 mm > 4 mm | 340.428 | O | O | O |
|  | Chamex bag - 4x6 cm (4) | 100.657 | O | O | O |
|  | Chamex bag - 6x8 cm (4) | 100.658 | ■ | ■ | ■ |
|  | Chamex bag - 8 x 12 cm (4) | 100.659 | O | O | O |
|  | Electrode cable 2-pole - 2 mm 200/Phy | 340.670 | | | |
|  | Electrode cable 2-pole mini / 2 mm | 340.406 | ■ | ■ | ■ |
|  | Electrode cable 2-pole Myo 200 - 2 mm | 329.945 | | | |
|  | Rubber electrode 4x6 cm, 2 mm (2) | 340.446 | O | O | O |
|  | Rubber electrode 6x8 cm, 2 mm (2) | 340.468 | ■ | ■ | ■ |
|  | Rubber electrode 8x12 cm, 2 mm (2) | 340.481 | O | O | O |
|  | Incontinence cable 2-pole Myo 200 - 2 mm | 329.956 | | | |
|  | Fixing strap elastic 5 x 30 cm | 108.934 | O | O | O |
|  | Fixing strap elastic 5 x 60 cm | 108.935 | ■ | ■ | ■ |
|  | Fixing strap elastic 5 x 120 cm | 108.936 | O | O | O |
|  | Ball for probe electrode | 113.471 | O | O | O |
| | Reference & Combination cable - 2 mm | 329.967 | | | |
|  | Sponge probe electrode stimulation (10) | 109.944 | O | O | O |
|  | Probe electrode stimulation diameter 15 mm + sponge | 114.142 | O | O | O |
|  | Testcable F/F 2 mm (2) | 330.803 | ■ | ■ | ■ |
| | Connection cable Myo 200 / PC | 330.000 | | | |
| ACCESSORIES ULTRASOUND THERAPY | | | | | |
| | US-treatment head 1&3MHz, 4cm² US214 | 320.114 | | | |
| | US-treatment head 1&3MHz, 1cm² Ub1m | 336.578 | | | |
| | US-treatment head 1&3MHz, 1cm² US211 | 320.111 | | | |
| | US-treatment head 1&3MHz, 4cm² Ub4m | 336.589 | | | |
| | US-treatment head 1&3MHz, 4cm² 404 | 340.204 | ■ | ■ | |
| | US-treatment head 1&3MHz, 1cm² 401 | 340.201 | O | O | |
| ACCESSORIES LASERTHERAPY | | | | | |
| | Laserprobe Mono, LA201 | 320.101 | | | |
| | Laserprobe Quad, LA204 | 320.104 | | | |
| | Remote interlock Laser unit 200/Phyaction | 116.227 | | | |
| | Remote interlock Laser unit Combi 400 | 340.417 | O | O | |

| Duo 400V | Pulson 400 | Vaco 400 | Combi 200L | Combi 200 | Duo 200 | Pulson 200 | Myo 200 | Myo 200 set | Vaco 200 | Pulson 100 |
|----------|------------|----------|------------|-----------|---------|------------|---------|-------------|----------|------------|
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| | ITEM NO. | Combi 400 | Combi 400V | Duo 400 |
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| ACCESSORIES LASERTHERAPY | | | | |
|  Laser Protection Eyewear EP8-6 | 339.592 | O | O | |
|  Laserprobe Mono 400 | 340.252 | O | O | |
|  Laserprobe Quad 400 | 340.263 | O | O | |
| ACCESSORIES ADHESIVE ELECTRODE | | | | |
|  Electrode adhesive diameter 3 cm (4) | 326.799 | O | O | O |
|  Electrode adhesive 2,5 x 5 cm (4) | 326.810 | O | O | O |
|  Electrode adhesive 5 x 5 cm (4) | 326.821 | O | O | O |
|  Electrode adhesive 5 x 10 cm (4) | 326.832 | O | O | O |
| ACCESSORIES INCONTINENCE THERAPY | | | | |
|  Stimulationprobe, rectal | 112.166 | O | O | O |
|  Novatys Gold vaginal probe | 329.978 | O | O | O |
|  Optima 3 vaginal probe | 330.572 | O | O | O |
|  Perisize 4+ vaginal probe | 330.583 | O | O | O |
|  V2B+ vaginal probe | 330.594 | O | O | O |
|  Analia anal probe | 329.989 | O | O | O |
|  Analys+ anal probe | 330.561 | O | O | O |
|  Vaginal pressure probe (blue) | 109.981 | | | |
|  Small hose vaginal pressure probe Myo 200 | 111.917 | | | |
|  Tube & valve for Vaginal Press Probe | 330.814 | | | |
|  Anal pressure probe MYO | 111.919 | | | |
|  Small hose for anal pressure probe Myo 200 | 111.918 | | | |
|  Tube & valve for Anal Press Probe | 330.825 | | | |






















O = Option ■ = Standard

| Duo 400V | Pulson 400 | Vaco 400 | Combi 200L | Combi 200 | Duo 200 | Pulson 200 | Myo 200 | Myo 200 set | Vaco 200 | Pulson 100 |
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| | | ITEM NO. | Combi 400 | Combi 400V | Duo 400 |
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| ACCESSORIES VACUUM | | | | | |
| | Com/Pow Cable 6p Vaco/Electro 400/Guidance | 320.804 | | ■ | |
| | ET Cable 5p Vaco/Electro 400/Guidance | 318.164 | | ■ | |
|  | Vacuum tube light grey (2) | 340.604 | | ■ | |
|  | Vacuum tube dark grey (2) | 340.615 | | ■ | |
|  | Vacuum electrode 60 mm (2) | 340.626 | | ■ | |
|  | Vacuum electrode 90 mm (2) | 340.637 | | O | |
|  | Vacuum sponge 60 mm (4) | 340.648 | | ■ | |
|  | Vacuum sponge diameter 90 mm (4) | 114.687 | | O | |
| | Connection cable electro-vacuum | 102.032 | | | |
| GENERAL ACCESSORIES | | | | | |
|  | Gymna Mobile - Equipment trolley | 320.804 | O | O | O |
| | Tilting support for Myo 200 | 330.033 | | | |
| | Touch Pen Gymna White | 340.505 | ■ | ■ | ■ |
| | Carrier bag for 200 series | 320.815 | | | |
| | Carrying Bag Touchscreen Electro Device | 380.439 | O | O | O |
| | VAS (Visual analogue scale) | 115.684 | ■ | ■ | ■ |

O = Option ■ = Standard

| Duo 400V | Pulson 400 | Vaco 400 | Combi 200L | Combi 200 | Duo 200 | Pulson 200 | Myo 200 | Myo 200 set | Vaco 200 | Pulson 100 |
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| Active Motion | | ITEM NO. |
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| PRODUCTS | | |
|  | Fitvibe Excel Pro Color Screen | 334.015 |
| | Gymna W-Move set 11_Full option | 350.042 |
| | Gymna W-Move set 10_FVEP | 350.031 |
| | Gymna W-Move set 10 Twisting | 350.002 |
| | Gymna W-Move set 9 | 350.009 |
| | Gymna W-Move set 6 | 350.006 |
| | Gymna W-Move set 3 | 350.003 |
|  | Chest/Back | 350.152 |
|  | Shoulder Press/Lat Pull | 350.196 |
|  | Biceps/Triceps | 350.141 |
|  | Pec Dec/Fly | 350.185 |
|  | Abdominal Back | 350.108 |
|  | Back Extension | 350.130 |
|  | Twisting | 350.207 |
|  | Leg Extension/Leg Curl | 350.163 |
|  | Abductor/Hip Adductor | 350.119 |
|  | Leg press | 350.174 |
| OPTIONS | | |
|  | Fitvibe back cushion | 337.645 |
|  | Fitvibe Ball 65cm black | 337.612 |
|  | Fitvibe comfort cushion | 337.656 |
|  | Fitvibe ITS | 331.397 |
|  | Fitvibe push up bar (2) | 337.634 |
|  | Fitvibe straps (2) | 337.623 |
|  | Footstrap Fitvibe (2) | 300.240 |
|  | Handstrap Fitvibe (2) | 300.235 |
|  | Fitvibe ICS Card, (10) | 327.041 |
|  | Soft Mat Fitvibe Excel Pro | 327.712 |
| | Fitvibe absorption mat | 332.134 |



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